## STORAGE





• Kraft SPLSHIC0715 Sets up instantly

#### STORAGE FILE BOX R-KIVE FEL00725 • Stacking weight is 850 lb.

STORAGE BOXES

STORAGE BOXES

12 boxes/case

BASICS BAS2300700

stacking strength • Letter or Legal size. 12"W x 15"D x 10"H. 6 boxes/pkg

READYPACK SPLSHIC0716

12"W x 15"D x 10"H.

• White SPLSHIC0716

• 650 lb. stacking strength • Letter or Legal size.

• Contains a minimum of 51%

post-consumer recycled

material. Lift-off lid. 400 lb.

- Deep, locking liftoff lid stays in place for secure file storage for letter-size or legal-size files
- 12 per case

# SELF-ADHESIVE NOTES



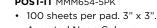
BAS4903200 1-1/2x2 Yellow





• 3" x 3". Canary Yellow . 100 sheets per pad. 12 pads/pkg.

#### NEON CAPE TOWN NOTES 5/PK POST-IT MMM654-5PK



 Assorted Neon Colours. 5 pads/pkg.

#### YELLOW LINED NOTES **BASICS** BAS4991700

- Lined self-adhesive notes. Contains a minimum of 30% post-consumer recycled material.
- 5 per pack

# 

# Shop with us online commercial.monk.ca

For more options, suggestions, and advice, please ask your **Account Specialist.** 

Visit one of our nine stores across the island to see office furniture and to speak to our Seating Specialists.

# **COILTOP NOTEBOOK 3X5** MEAD HLR45602

- Jot down orders with this handy wirebound memo book. Poly cover protects the 100 sheets of college-ruled white paper inside
- Top, black twin-wire binding lets pages turn easily and lie perfectly flat
- Comes in assorted colors

#### **RETRACTABLE FINE POINT** SHARPIE MARKERS SAN32701-BX

- Permanent ink marks on paper. plastic, metal, and most other surfaces
- Intensely brilliant colors create eye-popping, vibrant impressions
- Remarkably resilient ink dries quickly and resists fading and water: AP certified
- 12/Box





#### CALCULATOR ROLLS NCR879066 3" X 3" 50/Case BAS0111400 2 1/4" x 2 3/4" 50 rolls/case

#### THERMAL ROLLS

- CUS64753 2.25X60 50/box
- CUS64772 3-1/8x215 50/box



COUNT IT UP!

#### PAPER COIN WRAPPERS

- One end of the wrapper is crimped for easy filling by hand or coin sorting machine.
- Assorted Sizes 36/PK RVSFSW36CAMIX Quarters 112/PK FSW-112Q-CA Loonies 112/PK FSW-112L-CA Toonies 112/PK FSW-112T-CA Nickels 112/PK FSW-112N-CA Dimes 112/PK FSW-112D-CA



#### **COIN ENVELOPES 500/PK** WEVCO540

- Heavy duty 24lb kraft envelopes. 2 1/4 x 3 1/2
- 500 per box
- Kraft colour



#### **EXTREME NOTES MIXED COLOURS 3x3 POST-IT** MMMEXT333TRYMXC

- Made with Dura-Hold Paper and Adhesive, these notes will hold up in hot, cold and wet conditions. They stick to tough and textured surfaces like concrete, raw and painted wood, and tile.
  - MMMEXT3312TRYXC 12/PACK
- MMMEXT333TRYMXC 3/PACK

look to your restaurant. Nonporous surface is easy to erase and resists ghosting or staining. Ideal for moderate use in high-traffic areas.

QUARTET

How can we

**SERVE you?** 

Also available in black!

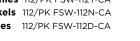
GLASS DRY-ERASE BOARD

• Luxurious glass adds an upscale

- QRT20114 24x36
- **QRT20115** 36x48
- **QRT20116** 48x72









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# LOCAL • FAMILY OWNED • SERVICING VANCOUVER ISLAND FROM VICTORIA TO PORT HARDY

# CREATE YOUR MENU

#### Create your menu on a sleek whiteboard and showcase your lettering talents or use it to add your restuarant wifi for customers.



plastic snap-on marker ledge and protective plastic end caps. Board is ideal for break rooms and receiving areas.

DRY ERASE SURFACEPOST-IT

Dry-erase board features a 10"

- 18x24 QRT32123
- 24x36 QRT32230
- 36X48 QRT32347



#### DRY ERASE SURFACE **POST-IT** MMMDEF3X2C

Available sizes: 2' x 3' MMMDEF3X2C 3' x 4' MMMDEF4X3C Cut to size



## MASONITE CLIPBOARD BASICS BAS2304300

 Sturdy masonite with smooth finish. Rust-resistant, nickel-plated metal clip and metal hinges. Letter size.

# MARK IT



#### COMFORTMATE ULTRA **RETRACTABLE PENS BLUE 12/BOX** PAPERMATE PAP6310187-BX

• Unique triangular rubberized barrel makes this pen a pleasure to use. Lubriglide ink system provides smooth, skip-free writing.



#### STICK PENS MEDIUM BLUE 12/BOX PAPERMATE PAP3311131

Ballpoint stick pens offer dependable quality and smooth writing.

# DRY ERASE MARKERS



• Premium glass dry-erase markers are optimized for use on contemporary glass surface boards.

• Low odour, easy to erase markers are great for any environment.

#### LOW ODOUR MARKER **EXPO** SAN86001

 Dry-erase marker contains formulated low-odour. drv-erase ink. Perfect for menus, small notes, wifi information and more. Can be used on most whiteboards, glass and nonporous surfaces.

#### FINE LOW ODOUR MARKER SET **EXPO** SAN86601C

- For use on white boards, glass and most non-porous surfaces
- Package includes 1 black, 1 red, 1 green, 1 lime, 1 agua, 1 pink, and 2 blue

#### NEON DRY ERASE MARKER SET **EXPO** SAN1752226

 Formulated low-odor, dry-erase neon ink. Fine point

SHARPIE FINE PERMANENT MARKER

 Permanent, guick drying ink great for use on paper, plastic, wood

BLACK 12/BOX SAN30001-BX

Fine-point tip is durable

PERMANENT BLACK MARKER

Alcohol-based. Permanent.

Chisel tip. Black. 12/box.

and great for details

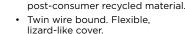
and leather

**BASICS** BAS4313501



CALENDARS

smoothly.



WEEKLY DIARY

WIRE BOUND

BOLCB950-BK

Keep track of resturant reservations, employee hours,

DIARY DAILY 13-3/8X8

Sewn binding. Hard, marble cover

consumer recycled material

7:00 p.m. in 1/2 hour intervals.

• 1 page per day. 7:00 a.m. to

Contains a minimum of 50%

Green with Black spine

contains a minimum of 50% post-

holidays and more to keep your business running

BOLC530F

• 8" x 5". English. Black

- 24" x 36". Bilingual

#### 



#### CRAYOLA 24PACK CRAYONS BIN520024

 Perfect for creating a kid friendly dining experience

# CLIPS, PINS, BANDS

#### 2" JUMBO PAPER CLIPS **ACCO** ACC72585

- Quality steel, tin-plated paper clips resist corrosion
- Metal, silver, 100/Box



# **RUBBER BANDS 40ZBOX**

- BASICS DTM03744
- Radial bands in natural rubber colour. 4 oz. (113 a).
- #33 BAS5850033 1/8 W x 3-1/2 • #18 BAS5850018 1/16 W x 3
- #16 BAS5850016 1/16 W x 2-1/2 L

## LABELS



#### P-TOUCH PTD400AD LABEL PRINTER BROTHER BRTPTD400AD

 Create easy-to-read labels up to 18mm wide with this label maker that features a gwerty keyboard for a fast input.



#### 12MM LABEL TAPE BROTHER P-TOUCH BRTTZE231

- Laminated tape features standard adhesive designed for flat surfaces like office paper, file folders and binders. Tape resists water, grease and grime.
- Can also be used in hot and cold environments as well as outdoors.
- BRTTZE231 12MM Black on White BRTTZE131 12MM Black on Clear BRTTZE221 9MM Black on White

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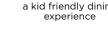
Email anytime Call us hello@monk.ca 1.800.735.3433



ZEB80111

PERMAMENT MARKER ZEB65111

ZEBRA PEN PM-701 MARKER REFILL



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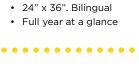




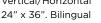


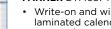


• Full year at a glance















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## **BOARD ERASERS**

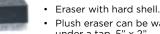
# **RECEIPT BOOKS**

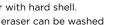


#### EXPO WHITEBOARD ERASER SAN81505

· Eraser features a soft pile that removes markings guickly and cleanly from dry-erase surfaces.

#### WHITEBOARD ERASER BASICS BAS0541700





• Plush eraser can be washed under a tap. 5" x 2"

# **GREAT ADD-ON!**

#### WHITE BOARD CLEANER **EXPO** SAN81803

 Nontoxic formula cleans and refreshes whiteboards

LETTER LAMINATOR COOL

Heat-free laminating system requires no waiting for warming

up, no odours and no mess

• Handles documents up to 8-1/2"

LAMINATING REFILL CART/LS950

Standard gloss refill is designed

for use with 3M heat-free

laminating system

**3M** MMMLS950

**3M** MMMDL951

Certified AP nontoxic formula





- · Manifold book with flexible white cover. Carbonless. 50 numbered sets per book. 2 part.
- Size: 3 1/2" x 6 1/2". 10/pk
- English

#### PURCHASE ORDER BOOK 5X8 **BLUELINE** BLIDC62

- Contains 50 purchase order forms for formalizing purchasing transactions.
- Carbonless purchase order forms are printed in English with numbered pages.

### FILE FOLDERS

# FILE FOLDERS

- 1/2 cut tab. 10-1/2 pt.
- Contains a minimum of 10% post-consumer recycled material.
- LEGAL BAS2408417
- LETTER BAS2407917

# PAPER

## COPY PAPER 96B 20#

- BASICS BAS5101800 • 92 Bright. 20 lb. 3.9 mil.
- White
- 500 sheets per package

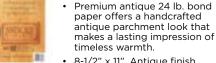


#### COPY PAPER 97B

# **PAPERLINE** 40BOXPLC

- 10 packages/ctn.
- 97 bright. 20lb.
- Sold by the case

#### ANTIQUE BOND LASER PAPER 100/PK FST78723



- 8-1/2" x 11". Antique finish
- 100 sheets per package



# **RONCO VINYL GLOVES**

- clear gloves made of Unmatched comfort premium-quality PVC
  - Beveled edges will never curl

#### MEDIUM SIZE, CLEAR RCO1233PF

Grev SMHSS32FGY





SEAL IT UP!

#### GBC HEAT SEAL LAMINATOR POUCH

 LEGAL 50/BOX GBC59003 3mil. LETTER 100/BOX GBC02460 5mil.

#### BASICS LAMINATOR POUCH BAS3144500

- For heat laminating systems
- 9 x 11-1/2 . 50 per package
- BAS3144500 3mil.
- BAS3144600 5mil.

#### AVERY EASY ALIGN SELF-LAMINATING **ID LABELS** AVE00753



- For use with Laser and Injet printers
- AVE00751 3.5X4.5 10/PKG

# **OPEN THE BOX**





- 6-segment snap blade allowing for long-lasting use of one blade.
- 5/Pack refill OLFCTB5

#### UTILITY KNIFE OLFA AUTO LOCK STANDARD DUTY OLF1075449

- Professional-grade, Fiberglass rubber grip for comfort and control.
- Utility knife includes the doublehoned, UltraSharp Black snap-blade - 25 percent sharper than the Silver OLFA AB blades.
- 10/Pack refill OLF5010



# ANTI-FATIGUE MAT

- Powder-free, latex-free, 3'X2' BLACK
  - and support

















# Pocket-sized carton cutter with

- segmented blades





#### **GRANITE BOND IVORY LASER PAPER** 400/PK FST78303

LETTERSIZE PAPER TREEFREE!

sugar cane waste residue

· Promotes the preservation of

global forests and vital ecosystems

SUGAR SHEET SPP00821

Manufactured using

• 8.5"X11" 500/pack

- 24 lb. Granite Bond Laser Paper offers a fine, speckled finish that looks like solid granite!
- 400 sheets per package
- Ideal for flyers, memos, and general correspondence
- Forest Stewardship Council certified





# JOT IT DOWN

#### Find a place to track orders, fill out take-out orders and coordinate your restaurants daily tasks and reach your restaurant goals.



9" x 7-1/4".

# LAYS COMPLETELY FLAT





#### MEAD NOTEBOOK **3x5 COIL NOTEBOOK** HLR45354

- Jot down orders or special instructions on this handy, wirebound memo book
- Compact notebook is college-ruled

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**3-SUBJECT EXERCISE BOOK** 

· Coil bound three-subject

with 7mm ruling and

Notebook contains 300

· Comes in assorted colors

notebook includes pages

divisions for three subjects

three-hole punched sheets

HILROY HLR13225



#### **#10 ENVELOPES WITH WINDOW** 500/BOX WHITE SPX1024445

SEND IT

• Side seam envelopes offer the most cost-effective way to mail bills, statements

**PLAIN** SPX1000445 **WINDOW** SPX1024445 REVEAL-N-SEAL, PLAIN QUA67219



#### HILROY ENVELOPE SELF SEAL HLR36712

- Self-adhesive envelopes require no moisture to seal
- Strong, secure seal
- Envelopes are made from 20 lb. stock.
- 50 per box

# ACCOUNTING

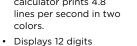


Manage your daily reports. cash flow and more with our bookkeeping technology such as our printing calculators!



DESK CALCULATOR SHREL2630PIII

• Heavy-duty, printing calculator prints 4.8 lines per second in two colors.





# SHREL310TB

• Mini desktop display calculator offers a compact design that incorporates an extra large, 8-digit, LCD display.

# **OUTFIT YOUR OFFICE SPACE**



#### CALYPSO SIT/STAND BASE WITH SILVER LEGS

- Expandable base to fit all size of tops
- Available in two-leg and L-shaped models
- Easy and quick to build



**PRO WF-C8690** EPSC11CG68201

· Paper capacity up to 1,830 sheets 4-in-1: Print, Copy, Scan & Fax

# MAKE YOUR MARK



CUSTOM STAMPS

 They're faster than affixing address labels and more satisfying than writing "PAID" by hand. They're stamps, and they're customizable to your every whim



**IBEX MULTI-TILT CHAIR** MVL2803F-3-JN02

- Breathable mesh back for enhanced comfort
- Multi-tilt functions and lumbar support

**BASICS TONER ALTERNATIVES** 

BASICS<sup>™</sup> toners bring value

of compatible cartridges

and savings with thousands

with popular printing brands!



#### AERON CHAIR AERONRMBGRPH

- Ergonomic comfort maintains shape and support over time
- Innovative Pellicle fabric elimiates circulation restriction



EPSC11CG02201

- Adminitstrative controls for security, accessibility, status management, maintenance and more.
- Intergration with enterprise applications
- Max print resolution of 4800 x 1200 dpi





WE HAVE INK AND TONER FOR ANY PRINTER . . . . . . . . . . . . .



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