

FILE IT



BASICS REVERSIBLE FILE FOLDERS
1/2 cut tab. 10-1/2 pt.
Contains a minimum of 10% post-consumer recycled material.
100/Box, ivory colour

LEGAL BAS2408417
LETTER BAS2407917

SHIP IT



AVERY EASY PEEL LABELS 1x2-5/8
AVE08160



AVERY TRUEBLOCK FILE FOLDER LABELS 3 7/16" x 2 3/8" AVE05366



BASICS MAILING LABELS FOR LASER PRINTERS 2-5/8" x 1" WHITE BAS3134100

BASICS LAMINATING POUCHES 3 MIL 9" x 11-1/2" 50/PKG
BAS3144500

BASICS LAMINATING POUCHES 3MIL 11-1/2" x 17-1/2" BAS3194400

JUST A NOTE



SELF-ADHESIVE NOTES 12/PK
3 x 3 YELLOW BAS4903400
1-1/2 x 2 YELLOW BAS4903200



YELLOW POST-IT NOTES 12/PK
3 x 3 - Canary Yellow
100 sheets per pad.
12 pads/pkg. MMM6544W



BASICS RECYCLED SELF-ADHESIVE NOTES 4 x 6
Lined self-adhesive notes.
Contains a minimum of 30% post-consumer recycled material.
5 pads/pkg. BAS4991700



POST-IT EXTREME NOTES 3 x 3
3" x 3" - Square - 45 Sheets pad, Green, Yellow, Mint, Orange
Sticks securely to concrete, wood, brick and steel.
Dura-Hold™ water-resistant paper and adhesive.

3/PACK MMEXT333TRYMXC
12/PACK MMEXT3312TRYXC

KEEP IT TOGETHER



ACCO COMPACT 747 RIO STAPLER
SWI74750



BASICS FULL-STRIP STAPLER
BAS6900200



ACME STAPLE REMOVER
ACM21550



SWINGLINE OPTIMA STAPLER
SWI87840



ACCO HEAVY DUTY STAPLE REMOVER
SWI37201



BASICS STANDARD STAPLES BAS6915700



SWINGLINE STANDARD STAPLES
SWI35108



Shop with us online
commercial.monk.ca

For more options, suggestions, and advice, please ask your **Office Outfitter™** whether that's your account rep, furniture specialist or one of our nine stores across Vancouver Island

Building Together



STAEDTLER MARS LUMOGRAPH PENCIL

For use on paper and vellum.
Break resistant.
12/box.

STD100-HB HB
STD100-2B 2B



BOSTITCH SWING ARM CLAMP LAMP
VSNVLF100



X-ACTO CUTTING MAT

Heavy-duty, three-ply Self-healing Cutting Mat features a special surface and core that work together to minimize effects of cutting with sharp blades.

EPIX7766 18 x 24



24LB TRACING PAPER ROLL

Ideal for preliminary or concept sketches, rough layouts, overlays, tracings and protection for layouts.

24" x 720" SBA240323
18" x 720" SBA240321

ITS GOING TO BE BREWTFUL

ONECOFFEE 1-SERVE PODS 18/BX COMPATIBLE WITH K-CUP



COLOMBIAN CNY26005
DECAF CNY26010
FRENCH ROAST CNY26020
PERUVIAN DARK CNY26025
SUMATRAN CNY26030
BREAKFAST CNY26000



MOTHER PARKERS SUGAR SHAKER 20OZ
MPI90021



NESTLE COFFEE MATE 311G
NES63040



STIR STICKS 5-1 2" 1000/BOX BNZ12319

HANDS CLEAN

Think Monk for eco-friendly, BC-made liquid soap and hand sanitizer!



Mindfully created to care for frequent hand-washing needs while also taking care of the environment. This organic hand soap will leave hands free of germs and feeling clean and pampered.

ECO CITRUS HAND SOAP 4L BOTTLE ECOCHS4000

ECO CITRUS HAND SOAP 320ML ECOCHS320



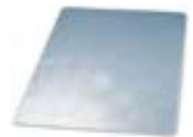
SANITIZER

HAND SANITIZER GEL 4L JUG ECOHSG1L

HAND SANITIZER GEL 320ML WITH PUMP ECOHSG320

ON THE FLOOR

Protect your flooring from scuffs and dents while making it easier to move around your workspace.



DEFLECTO 60 x 46 LOW PILE CHAIRMAT DEFPCM13443F



DEFLECTO LOW PILE WITH LIP
GREENGUARD Gold Certified
36" x 48" DEFPCM13113
45" x 53" DEFPCM13233

Help protect your workers and keep them feeling refreshed! Anti-fatigue mats are great for reducing long-term health issues.

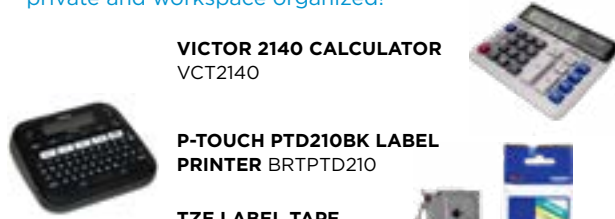


SMART STEP ANTI-FATIGUE MAT 3 x 2 BLACK SMHSS32FBK

Shop commercial.monk.ca

ADD, SHRED AND LABEL

Keep your calculations accurate, documents private and workspace organized!



VICTOR 2140 CALCULATOR
VCT2140



P-TOUCH PTD210BK LABEL PRINTER BRTPTD210



TZE LABEL TAPE
9MM BRTTZE221
12MM BRTTZE231

FELLOWES POWERSHRED 73CI CROSSCUT
FEL4601002

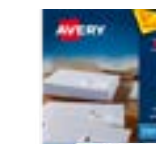


FELLOWES POWERSHRED 6C CROSSCUT
FEL4771502



THERMAL LABELWRITER 450 DYMO DYM1752264

DYMO® LABELWRITER® WIFI THERMAL PRINTER
DYM2002150



STANDARD THERMAL LABELS 260/RL DYM30320

SMALL LABELS 2-1/8X4
DYM30323



LABELS INKJET 1 x 2-5/8 ADDRESS AVE08160



LASER FILE FOLDER LABELS WHITE AVE05366

LABELS LASER BASICS 2-5/8 x 1 BAS3134100

LAM POUCH BASICS 3MIL LETTER BAS3144500

LAM POUCH BASICS 3MIL MENU BAS3194400

Request an account
monk.ca/commercial

Email anytime
hello@monk.ca

Call us
1.800.735.3433

BINDER ACCESSORIES



BASICS CRYSTAL LETTER SHEET PROTECTOR

Page Protectors 3mil
Clear Letter 100/Box
BAS4018400

BASICS INSERTABLE INDEXES CLEAR 8 TABS BAS3901500



INDEX OVERSIZE 8 TAB ASSORTED
ESSR215-8A

8 Tab(s) - 9.75" Divider Width x 11"
Divider Length - 3 Hole Punched -
Assorted Plastic Tab(s) - 1 Set

AVERY 8 TAB DIVIDER CLEAR LABELS AVE11417

Labels are compatible with laser and inkjet printers. Three-hole punched dividers have a reinforced binding edge and are designed for use with three-ring binders.

MARK UP YOUR IDEAS



QUARTET WHITE MAGNETIC GLASS BOARD

18 x 24 QRT20113
24 x 36 QRT20114
36 x 48 QRT20115
48 x 72 QRT20116

Also available in black!



QUARTET WHITE BOARD MAGNETIC

24 x 36 QRT23230
36 x 48 QRT23340
48 x 72 QRT23460
48 x 96 QRT23480



A must buy
for glassboards!

HIGH POWER MAGNETS 1.5" 6/PKG QRT85391



QUARTET GLASS BOARD MARKER BULLET TIP BLACK QRT79553

BINDERS



BASICS ROUND RING BINDER 2" BLACK
BAS3511701

BASICS ROUND RING BINDER 1-1/2" BLACK
BAS3511601

BASICS LETTERSIZE BINDING CASE BAS2306600

Keep your documented organized, perfect for invoices, contracts and other important documents.

Recycled binding cases 6/pkg



WINNABLE CLAMP BINDER 1/2" CLEAR
WNNBDR01

No hole punching required
Features a business card holder on inside cover. 1/2" capacity. Holds up to 100 sheets. Letter size. Clear.



QUARTET BULLET TIP GLASS BOARD MARKERS 4/PK

BLACK QRT79553

ASSORTED COLOURS
QRT79552



QUARTET GLASS BOARD BULLET TIP MARKERS 6/PKG ASSORTED COLOURS
QRT79556

WIDE FORMAT PAPER



Inkjet bond paper is ideal for everyday, black and color line drawings. Specially treated matte surface consistently produces crisp line resolution and high-contrast color prints.

HP

21LB WIDE FORMAT PAPER 24" x 150'
HEWQ1396A

24LB WIDE FORMAT PAPER 36" x 150'
HEWC1861A

21LB WIDE FORMAT PAPER 36" x 150'
HEWQ1397A

COATED PAPER ROLL 42" x 150'
HEWQ1406B

SPICERS

20LB WIDE FORMAT ROLL 24" x 150'
SPL24122

20LB WIDE FORMAT ROLL 36" x 150"
SPL36122

20LB WIDE FORMAT ROLL 24" x 500'
SPL24523

20LB WIDE FORMAT ROLL 36" x 500'
SPL36523

GENERIC

20LB WIDE FORMAT ROLL 36 x 500 BOND 3" CORE
DTEC36500WFSC3

20LB WIDE FORMAT PAPER 24" x 150"
1101-24X150

20LB COPYSOURCE WIDE FORMAT 36 x 500
CYS1795CQ

20LB WIDE FORMAT PAPER 24" x 300"
1101-24X300

20LB WIDE FORMAT ROLL 36" x 300"
1101-36X300



STAEDTLER DRAFTING TUBE BLACK STD94872124

Telescopic art/drafting document tube adjusts in length from 28" to 49" to protect contents of varying sizes from bending or creasing and against fading from exposure to sunlight. Made from sturdy, black, lightproof plastic.

HAVE A SEAT



NOVO DRAFTING STOOL SIT ON IT
Midback, Standard Stool Kit, Mesh Back, Basic, Height Adjustable Arms



WIT DRAFTING STOOL SIT ON IT
Midback, Extended Stool Kit, Mesh Back, Basic, Height Adjustable Arms



FIXED-HEIGHT STOOL 24"H GREY SHX6224

MAKE THE CUT



X-ACTO SLIM-STYLE KNIFE EPIX3201

Popular with graphics artists, designers, hobbyists and more. Makes careful cuts and trims consistently.

Built with a carbon steel blade for a reliable cut every time. No. 11 Classic Fine Point Blade included.

REFILL X-ACTO #11 CLASSIC FINE POINT BLADE EPIX211
For use with EPIX3201



HEAVY DUTY SNAP-OFF UTILITY CUTTER OLAF EPIX211

OLFA HEAVY DUTY UTILITY CUTTER 10/PK OLF5003
REFILLS OLF5009



STEEL CORK BACK 12IN RULER ACM50201



STEEL CORK BACK 18IN RULER ACM50203

PAPER



BASICS COPY PAPER 96B 20#
92 Bright, 20 lb, 3.9 mil, White
500 sheets per package
LETTER BAS5101800
LEGAL BAS5101900



PAPERLINE COPY PAPER 97B 40BOXPLC
10 packages/ctn.
97 bright, 20lb.
Sold by the case



TREE FREE SUGAR SHEET LETTERSIZE PAPER SPPO0821
Manufactured using sugar cane waste residue. Promotes the preservation of global forests and vital ecosystems.
8.5 x 11 500/pack



HAMMERMILL COLOR COPY LETTER 28#
HAM102467

HAMMERMILL COLOR COPY TABLOID 28#
HAM102541

JOT IT DOWN



BASICS MASONITE CLIPBOARD
BAS2304300



LEUCHTTURM POCKET NOTEBOOK BLACK LEU318898



RITE IN THE RAIN COPIER PAPER 200/BOX JLD8511

Copy or laser print your own all-weather forms, charts, maps, and worksheets on patented Rite in the Rain All-Weather Copier Paper. Have the convenience of using your existing data sheets on a paper that can survive in any weather condition.



RITE IN THE RAIN 3 PACK SET TOP SPIRAL PADS
3 x 5 JLD135
4 x 6 JLD146
8 x 7 JLD393

8 x 7 JLD311FX
4 x 4-5/8 JLD371FXM



AMPAD PERFORATED PAD 8-1/2 x 11-3/4 AMP20367

FIG PAD PERF-PERFECT QUAD HLR54132

BASICS WRITING PAD QUAD LETTER 96 SHTS 5 PADS/PKG
BAS4961044

BASICS WRITING PAD WIDE RULE LETTER 5 PADS/PKG
BAS4961001



FOLDBACK CLIP 1IN 12/BOX ACM11215

FOLDBACK CLIPS 2IN 12/BOX ACM11214



HILROY COIL NOTEBOOK 6x9
HLR13402

Coil five subject notebook includes pages with 7mm ruling and divisions for five subjects. Notebook comes in assorted colors.



BASICS REVERSIBLE FILE FOLDERS LETTER IVORY 100/BOX
BAS2407917

BASICS REVERSIBLE FILE FOLDERS LEGAL IVORY 100/BOX
BAS2408417



STOCK UP ON YOUR ESSENTIALS



BASICS INVISIBLE MENDING TAPE REFILL 3/4" 6/PACK
BAS8022800

BASICS INVISIBLE MENDING TAPE REFILL 3/4" BAS7011300



BASICS INVISIBLE MENDING TAPE DISPENSER 3/4" BAS7011500



BIC WITE-OUT EZCORRECT 3/PK
BICWOTAPP31



PAPERMATE DRYLINE GRIP 3/PK
PAP6915617



TAPE SCOTCH DOUBLE-STICK
MMM136NA



SHARPIE PRO MARKER BLACK 1EA INDUSTRIAL PERMANENT

With permanent ink designed to mark on wet and oily surfaces. Built jobsite-tough.

SAN2018501 FINE
SAN2018505 CHISEL
SAN2018510 XL CHISEL



SHARPIE INDUSTRIAL PRO MARKERS FINE BLACK 12/BX
SAN2018460

CHISEL 12/PK SAN2018504



ELMERS ADHESIVE SPRAY 397G
EPI60451



BASICS GLUE STICK
BAS7007200



KRAZY GLUE ADVANCED PEN
EPI10340

Fix it in an instant with precision pen formula

No mixing, no mess

Provides strong, instant bond on such materials as plastics, metal, rubber, glass and ceramics



SHARPIE LIQUID HIGHLIGHTER 10/PK ASSORTED
SAN24415PP



SHARPIE FASHION COLOURS FINE 12/PACK
SAN1737825



ZEBRA X-701 TACTICAL RETRACTABLE BALLPOINT PEN ZEB29811



STAEDTLER NORICA SHARPENED PENCILS 12/BOX

2H STD13246CB12-2H
HB STD13246CB12



WINNABLE VINYL EASER
WNN40015



MARS PREMIUM VINYL EASER
STD526B30



STAEDTLER BLACK PIGMENT LINER SINGLE PEN

.1MM STD308-01-9
.3MM STD308-03-9
.5MM STD308-05-9



SHARPIE FINE MARKERS 12/BOX
BLACK SAN30001-BX
RED SAN30002-BX



PENTEL MECHANICAL PENCIL
.5MM BLACK PENP205A
.7MM, 1/PK PENP207C
.9MM, 2/PK PENP209BP2



GRAPHGEAR 800 MECH PENCIL

.5MM PENP205A
.7MM PENP207C
.9MM PENP209BP2
.7M PENPG807C



MICROSOFT 2000 WIRELESS KEYBOARD/MOUSE DESKTOP COMBO
MSFM7J00002



EMTEC USB DRIVES 16GB 5/PKG USB 2.0 SLIDE ASST COLOURS
EMTECMMD16GC452P5



EMZONE 500 AIR DUSTER 100Z
EMP47020



AIR DUSTER BASICS 100Z
BAS7447000



UNI-BALL SIGNO 207™ RETRACTABLE GEL PENS 0.7MM
SAN1937934-BX



UNIBALL 207 .7MM 36/BX BLACK SAN1921063
BLUE SAN1921064



AA PROCELL BATTERIES 24/BOX
DURPC1500BKD

AAA PROCELL BATTERIES 24/BOX
DURPC2400BKD-EHF



BASICS ATTACHED-LID STORAGE BOXES 25/PKG 12" x 15" x 10"
BAS2300600

UP YOUR TECH



BIN SIZE
26 GALLONS

IN STOCK!

DESTROY-IT 2604CC HEAVY DUTY SHREDDER
Professional Shredding in house
Ideal MBM 2604CC
\$2195.00 + applicable taxes

Lease Package (36 months):
\$69.00 per month
+ applicable taxes

Price includes

Delivery	Set-up	Installation
✓	✓	✓

+ Shredding Bags and one pint of oil!



PRINT SPEED
30 SECONDS
BASED ON A1

HP DESIGNJET T250 WIDE FORMAT PRINTER
HEW5HB06AB1K

Package Price:
\$1995.00 + applicable taxes

Lease Package (36 months):
\$60.00 per month
+ applicable taxes

Price includes

Delivery	Set-up	Installation
✓	✓	✓

+ One set of ink and two rolls of paper

JUST A FEW FEATURES



Can shred cds, paper clips and more!



Shred speed
18 Feet per minute



Medium Security

JUST A FEW FEATURES



Print from any device



Wireless



Up to 24" wide



Stand accessory



Sustainable

Shop commercial.monk.ca

Request an account
monk.ca/commercial

Email anytime
hello@monk.ca

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