

FILE IT



BASICS REVERSIBLE FILE FOLDERS
1/2 cut tab. 10-1/2 pt.
Contains a minimum of 10%
post-consumer recycled material.
100/Box, ivory colour

LEGAL BAS2408417
LETTER BAS2407917

SHIP IT



AVERY EASY PEEL LABELS 1X2-5/8
AVE08160

**AVERY TRUEBLOCK FILE FOLDER
LABELS 3 7/16" X 2/3"** AVE05366

**BASICS MAILING LABELS
FOR LASER PRINTERS 2-5/8" X 1"**
WHITE BAS3134100



**BASICS LAMINATING POUCHES
3 MIL 9" X 11-1/2" 50/PKG**
BAS3144500

**BASICS LAMINATING POUCHES
3MIL 11-1/2" X 17-1/2"** BAS3194400

JUST A NOTE



SELF-ADHESIVE NOTES 12/PK
3x3 YELLOW BAS4903400
1-1/2X2 YELLOW BAS4903200



YELLOW POST-IT NOTES 12/PK
3 x 3 - Canary Yellow
100 sheets per pad.
12 pads/pkg. MMM6544W



**BASICS RECYCLED
SELF-ADHESIVE NOTES 4x6**
Lined self-adhesive notes.
Contains a minimum of 30%
post-consumer recycled material.
5 pads/pkg. BAS4991700



POST-IT EXTREME NOTES 3x3
3" x 3" - Square - 45 Sheets pad, Green,
Yellow, Mint, Orange
Sticks securely to concrete,
wood, brick and steel.
Dura-Hold™ water-resistant
paper and adhesive.

3/PACK MMEXT333TRYMXC
12/PACK MMEXT3312TRYXC

KEEP IT TOGETHER



**ACCO COMPACT
747 RIO STAPLER**
SWI74750



**BASICS FULL-STRIP
STAPLER**
BAS6900200



**ACME STAPLE
REMOVER**
ACM21550



**SWINGLINE
OPTIMA STAPLER**
SWI87840



**ACCO HEAVY DUTY
STAPLE REMOVER**
SWI37201



**BASICS STANDARD
STAPLES** BAS6915700



**SWINGLINE
STANDARD STAPLES**
SWI35108



Shop with us online
commercial.monk.ca

For more options, suggestions,
and advice, please ask your **Office
Outfitter™** whether that's your
account rep, furniture specialist
or one of our nine stores across
Vancouver Island

Building Together

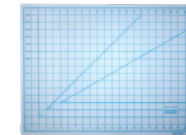


**STAEDTLER MARS
LUMOGRAPH
PENCIL**
For use on paper
and vellum.
Break resistant.
12/box.

STD100-HB HB
STD100-2B 2B



**BOSTITCH SWING
ARM CLAMP LAMP**
VSNVLF100



X-ACTO CUTTING MAT

Heavy-duty, three-ply
Self-healing Cutting Mat features a
special surface and core that work
together to minimize effects of cutting
with sharp blades.

EPIX7766 18 X 24



24LB TRACING PAPER ROLL

Ideal for preliminary or concept
sketches, rough layouts, overlays,
tracings and protection for layouts.

24" x 720" SBA240323
18" x 720" SBA240321

ITS GOING TO BE BREWIFUL

ONECOFFEE 1-SERVE PODS
18/BX COMPATIBLE WITH K-CUP



COLOMBIAN CNY26005
DECAF CNY26010
FRENCH ROAST CNY26020
PERUVIAN DARK CNY26025
SUMATRAN CNY26030
BREAKFAST CNY26000



**MOTHER PARKERS SUGAR
SHAKER 20OZ**
MPI90021



**NESTLE COFFEE
MATE 311G**
NES63040



STIR STICKS 5-1 2"
1000/BOX BNZ12319

HANDS CLEAN

Think Monk for eco-friendly, BC-made liquid soap and hand sanitizer!



Mindfully created to care for frequent hand-washing needs while also taking care of the environment. This organic hand soap will leave hands free of germs and feeling clean and pampered.

ECO CITRUS HAND SOAP 4L BOTTLE ECOCHS4000

ECO CITRUS HAND SOAP 320ML ECOCHS320



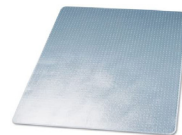
SANITIZER

HAND SANITIZER GEL 4L JUG ECOHSG1L

HAND SANITIZER GEL 320ML WITH PUMP ECOHSG320

ON THE FLOOR

Protect your flooring from scuffs and dents while making it easier to move around your workspace.

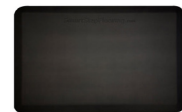


DEFLECTO 60x46 LOW PILE CHAIRMAT DEFPCM13443F



DEFLECTO LOW PILE WITH LIP GREENGUARD Gold Certified
36" x 48" DEFPCM13113
45" x 53" DEFPCM13233

Help protect your workers and keep them feeling refreshed! Anti-fatigue mats are great for reducing long-term health issues.

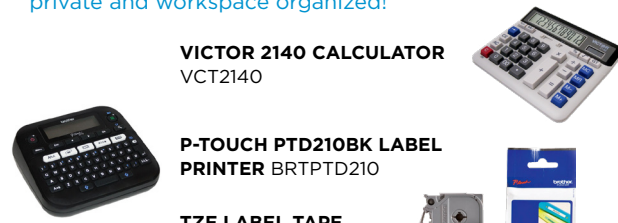


SMART STEP ANTI-FATIGUE MAT 3x2 BLACK SMHSS32FBK

Shop commercial.monk.ca

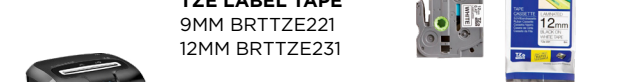
ADD, SHRED AND LABEL

Keep your calculations accurate, documents private and workspace organized!



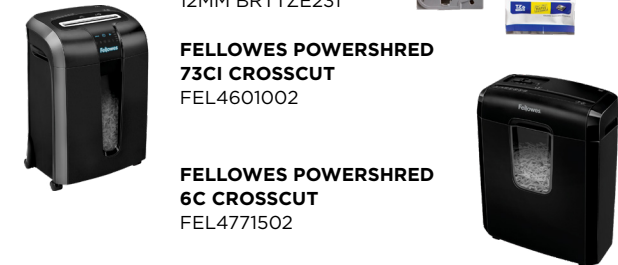
VICTOR 2140 CALCULATOR VCT2140

P-TOUCH PTD210BK LABEL PRINTER BRTPTD210



TZE LABEL TAPE
 9MM BRTTZE221
 12MM BRTTZE231

FELLOWES POWERSHRED 73CI CROSSCUT FEL4601002



FELLOWES POWERSHRED 6C CROSSCUT FEL4771502

THERMAL LABELWRITER 450 DYMO DYM1752264



DYMO® LABELWRITER® WIFI THERMAL PRINTER DYM2002150



STANDARD THERMAL LABELS 260/RL DYM30320

SMALL LABELS 2-1/8X4 DYM30323



LABELS INKJET 1X2-5/8 ADDRESS AVE08160



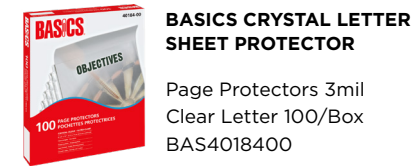
LASER FILE FOLDER LABELS WHITE AVE05366

LABELS LASER BASICS 2-5/8X1 BAS3134100

LAM POUCH BASICS 3MIL LETTER BAS3144500

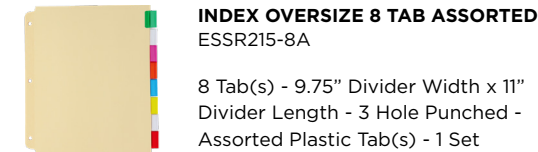
LAM POUCH BASICS 3MIL MENU BAS3194400

BINDER ACCESSORIES



BASICS CRYSTAL LETTER SHEET PROTECTOR
 Page Protectors 3mil
 Clear Letter 100/Box
 BAS4018400

BASICS INSERTABLE INDEXES CLEAR 8 TABS BAS3901500



INDEX OVERSIZE 8 TAB ASSORTED ESSR215-8A

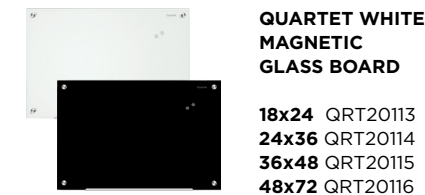
8 Tab(s) - 9.75" Divider Width x 11"
 Divider Length - 3 Hole Punched -
 Assorted Plastic Tab(s) - 1 Set

AVERY 8 TAB DIVIDER CLEAR LABELS AVE11417

Labels are compatible with laser and inkjet printers. Three-hole punched dividers have a reinforced binding edge and are designed for use with three-ring binders.

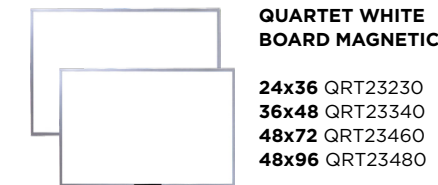


MARK UP YOUR IDEAS



QUARTET WHITE MAGNETIC GLASS BOARD
18x24 QRT20113
24x36 QRT20114
36x48 QRT20115
48x72 QRT20116

Also available in black!



QUARTET WHITE BOARD MAGNETIC
24x36 QRT23230
36x48 QRT23340
48x72 QRT23460
48x96 QRT23480



BASICS WHITEBOARD ERASER BAS0541700

EXPO WHITE BOARD CLEANER 8OZ SAN81803

EXPO WHITEBOARD ERASER SAN81505

A must buy for glassboards!

HIGH POWER MAGNETS 1.5" 6/PKG QRT85391

QUARTET GLASS BOARD MARKER BULLET TIP BLACK QRT79553



QUARTET BULLET TIP GLASS BOARD MARKERS 4/PK

BLACK QRT79553

ASSORTED COLOURS QRT79556



QUARTET GLASS BOARD MARKER BULLET TIP ASSORTED COLOURS QRT79556

BINDERS



BASICS ROUND RING BINDER 2" BLACK BAS3511701

BASICS ROUND RING BINDER 1-1/2" BLACK BAS3511601

BASICS LETTERSIZE BINDING CASE BAS2306600

Keep your documented organized, perfect for invoices, contracts and other important documents.

Recycled binding cases 6/pkg



WINNABLE CLAMP BINDER 1/2" CLEAR WNNBDR01

No hole punching required
 Features a business card holder on inside cover. 1/2" capacity. Holds up to 100 sheets. Letter size. Clear.

Request an account monk.ca/commercial Email anytime hello@monk.ca Call us **1.800.735.3433**

WIDE FORMAT PAPER



Inkjet bond paper is ideal for everyday, black and color line drawings. Specially treated matte surface consistently produces crisp line resolution and high-contrast color prints.

HP

21LB WIDE FORMAT PAPER 24" x 150'
HEWQ1396A

24LB WIDE FORMAT PAPER 36" x 150'
HEWC1861A

21LB WIDE FORMAT PAPER 36" x 150'
HEWQ1397A

COATED PAPER ROLL 42" x 150'
HEWQ1406B

SPICERS

20LB WIDE FORMAT ROLL 24" x 150'
SPL24122

20LB WIDE FORMAT ROLL 36" x 150'
SPL36122

20LB WIDE FORMAT ROLL 24" x 500'
SPL24523

20LB WIDE FORMAT ROLL 36" x 500'
SPL36523

GENERIC

20LB WIDE FORMAT ROLL 36x500 BOND 3" CORE
DTEC36500WFSC3

20LB WIDE FORMAT PAPER 24" x 150'
1101-24X150

20LB WIDE FORMAT PAPER 24" x 300'
1101-24X300

20LB COPYSOURCE WIDE FORMAT 36x500
CYS1795CQ

20LB WIDE FORMAT ROLL 36" x 300'
1101-36X300



STAEDTLER DRAFTING TUBE BLACK STD94872124

Telescopic art/drafting document tube adjusts in length from 28" to 49" to protect contents of varying sizes from bending or creasing and against fading from exposure to sunlight. Made from sturdy, black, lightproof plastic.

HAVE A SEAT



NOVO TASK CHAIR SIT ON IT
Midback, Standard Stool Kit, Mesh Back, Basic, Height Adjustable Arms



WIT TASK CHAIR SIT ON IT
Midback, Extended Stool Kit, Mesh Back, Basic, Height Adjustable Arms



FIXED-HEIGHT STOOL 24"H GREY SHX6224

MAKE THE CUT



X-ACTO SLIM-STYLE KNIFE EPIX3201
Popular with graphics artists, designers, hobbyists and more. Makes careful cuts and trims consistently.

Built with a carbon steel blade for a reliable cut every time. No. 11 Classic Fine Point Blade included.



HEAVY DUTY SNAP-OFF UTILITY CUTTER OLAF EPIX211

OLFA HEAVY DUTY UTILITY CUTTER 10/PK OLF5003 REFILLS OLF5009



REFILL X-ACTO #11 CLASSIC FINE POINT BLADE EPIX211
For use with EPIX3201



STEEL CORK BACK 12IN RULER ACM50201



STEEL CORK BACK 18IN RULER ACM50203

PAPER



BASICS COPY PAPER 96B 20#
92 Bright, 20 lb, 3.9 mil, White
500 sheets per package
LETTER BAS5101800
LEGAL BAS5101900



PAPERLINE COPY PAPER 97B 40BOXPLC
10 packages/ctn.
97 bright, 20lb.
Sold by the case



TREE FREE SUGAR SHEET LETTERSIZE PAPER SPPO0821
Manufactured using sugar cane waste residue. Promotes the preservation of global forests and vital ecosystems.
8.5"X11" 500/pack



HAMMERMILL COLOR COPY LETTER 28#
HAM102467

HAMMERMILL COLOR COPY TABLOID 28#
HAM102541

JOT IT DOWN



LEUCHTTURM POCKET NOTEBOOK BLACK LEU318898



BASICS MASONITE CLIPBOARD BAS2304300



RITE IN THE RAIN COPIER PAPER 200/BOX JLD8511

Copy or laser print your own all-weather forms, charts, maps, and worksheets on patented Rite in the Rain All-Weather Copier Paper. Have the convenience of using your existing data sheets on a paper that can survive in any weather condition.



RITE IN THE RAIN 3 PACK SET TOP SPIRAL PADS
3x5 JLD135
4x6 JLD146
8x7 JLD393
8x7 JLD311FX
4x4-5/8 JLD371FXM



AMPAD PERFORATED PAD 8-1/2" x 11-3/4" AMP20367

FIG PAD PERF-PERFECT QUAD HLR54132

BASICS WRITING PAD QUAD LETTER 96 SHTS 5 PADS/PKG
BAS4961044

BASICS WRITING PAD WIDE RULE LETTER 5 PADS/PKG
BAS4961001



FOLDBACK CLIP 1IN 12/BOX ACM11215

FOLDBACK CLIPS 2IN 12/BOX ACM11214



HILROY COIL NOTEBOOK 6x9 HLR13402

Coil five subject notebook includes pages with 7mm ruling and divisions for five subjects. Notebook comes in assorted colors.



BASICS REVERSIBLE FILE FOLDERS LETTER IVORY 100/BOX
BAS2407917

BASICS REVERSIBLE FILE FOLDERS LEGAL IVORY 100/BOX
BAS2408417



This icon indicates this product is made from recycled content, is eco-friendly or contains sustainable materials.

STOCK UP ON YOUR ESSENTIALS



BASICS INVISIBLE MENDING TAPE REFILL 3/4" 6/PACK
BAS8022800

BASICS INVISIBLE MENDING TAPE REFILL 3/4" BAS7011300



BASICS INVISIBLE MENDING TAPE DISPENSER 3/4" BAS7011500



BIC WITE-OUT EZCORRECT 3/PK
BICWOTAPP31



PAPERMATE DRYLINE GRIP 3/PK
PAP6915617



TAPE SCOTCH DOUBLE-STICK
MMM136NA



SHARPIE PRO MARKER BLACK 1EA INDUSTRIAL PERMANENT

With permanent ink designed to mark on wet and oily surfaces. Built jobsite-tough.

SAN2018501 FINE
SAN2018505 CHISEL
SAN2018510 XL CHISEL



SHARPIE INDUSTRIAL PRO MARKERS FINE BLACK 12/BX
SAN2018460

CHISEL 12/PK SAN2018504



ELMERS ADHESIVE SPRAY 397G
EPI60451



BASICS GLUE STICK
BAS7007200



KRAZY GLUE ADVANCED PEN
EPI10340

Fix it in an instant with precision pen formula

No mixing, no mess

Provides strong, instant bond on such materials as plastics, metal, rubber, glass and ceramics



SHARPIE LIQUID HIGHLIGHTER 10/PK ASSORTED
SAN24415PP



SHARPIE FASHION COLOURS FINE 12/PACK
SAN1737825



ZEBRA X-701 TACTICAL RETRACTABLE BALLPOINT PEN
ZEB29811



STAEDTLER NORICA SHARPENED PENCILS 12/BOX

2H STD13246CB12-2H
HB STD13246CB12



WINNABLE VINYL EASER
WNN40015



MARS PREMIUM VINYL EASER
STD526B30



STAEDTLER BLACK PIGMENT LINER SINGLE PEN

.1MM STD308-01-9
.3MM STD308-03-9
.5MM STD308-05-9



SHARPIE FINE MARKERS 12/BOX
BLACK SAN30001-BX
RED SAN30002-BX



PENTEL MECHANICAL PENCIL .5MM BLACK
PENP205A
.7MM, 1/PK PENP207C
.9MM, 2/PK PENP209BP2



GRAPHGEAR 800 MECH PENCIL

.5MM PENP205A
.7MM PENP207C
.9MM PENP209BP2
.7M PENPG807C



MICROSOFT 2000 WIRELESS KEYBOARD/ MOUSE DESKTOP COMBO
MSFM7J00002



EMTEC USB DRIVES 16GB 5/PKG USB 2.0 SLIDE ASST COLOURS
EMTECMMD16GC452P5



EMZONE 500 AIR DUSTER 100Z
EMP47020



AIR DUSTER BASICS 100Z
BAS7447000



UNI-BALL SIGNO 207™ RETRACTABLE GEL PENS 0.7 MM
SAN1937934-BX



UNIBALL 207 .7MM 36/BX BLACK SAN1921063
BLUE SAN1921064



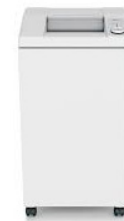
AA PROCELL BATTERIES 24/BOX
DURPC1500BKD

AAA PROCELL BATTERIES 24/BOX
DURPC2400BKD-EHF



BASICS ATTACHED-LID STORAGE BOXES 12" X 15" X 10" 25/PKG
BAS2300600

UP YOUR TECH



BIN SIZE

26 GALLONS

IN STOCK!

DESTROY-IT 2604CC HEAVY DUTY SHREDDER
Professional Shredding in house
Ideal MBM 2604CC
\$2195.00 + applicable taxes

Lease Package (36 months):
\$69.00 per month + applicable taxes

Price includes

Delivery	Set-up	Installation
✓	✓	✓

+ Shredding Bags and one pint of oil!



HP DESIGNJET T250 WIDE FORMAT PRINTER
HEW5HB06AB1K

Package Price:
\$1995.00 + applicable taxes

Lease Package (36 months):
\$60.00 per month + applicable taxes

Price includes

Delivery	Set-up	Installation
✓	✓	✓

+ One set of ink and two rolls of paper

PRINT SPEED

30 SECONDS
BASED ON A1

JUST A FEW FEATURES



Can shred cds, paper clips and more!

18 FPM

Shred speed Feet per minute

LEVEL 3

Medium Security

JUST A FEW FEATURES



Print from any device

Wireless

Up to 24" wide

Stand accessory

Sustainable

Shop commercial.monk.ca

Request an account
monk.ca/commercial

Email anytime
hello@monk.ca

Call us
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